

TBRI® + TRAUMA

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THE IMPACT OF RELATIONAL TRAUMA



INTERPERSONAL TRAUMA

The range of maltreatment, interpersonal violence, abuse, assault, and neglect experiences encountered by children and adolescents, including familial physical, sexual, emotional abuse and incest; community, peer, and school-based assault, molestation, and severe bullying; severe physical, medical, and emotional neglect; witnessing domestic violence; as well as the impact of serious and pervasive disruptions in caregiving as a consequence of severe caregiver mental illness, substance abuse, criminal involvement, or abrupt separation or traumatic loss.

D'Andrea, W., Ford, J., Stolbach, B., Spinazzola, J., and van der Kolk, B. A. (2012).

COMPLEX TRAUMA

The experience of multiple, chronic, and prolonged developmentally adverse traumatic events, most often of an interpersonal nature

Van der Kolk, B. A. (2005)

SEVEN RISK FACTORS

1. Difficult pregnancy
2. Difficult birth
3. Early hospitalization
4. Abuse
5. Neglect
6. Trauma
7. System effects



FIVE B'S OF STRESS AND TRAUMA

Brain

Body

Biology

Beliefs

Behaviors

UPSTAIRS BRAIN

- Decision making
- Organization
- Attention
- Planning
- Regulate
- Reason
- Think
- Learn



DOWNSTAIRS BRAIN

- Arousal state
- Danger
- Fear
- Fight
- Flight
- Freeze

ACEs

ACEs INITIATE A TOXIC CASCADE

The authors of the ACE Study suggest this developmental cascade to explain the long-term impact of ACEs on health, including early death.

ADVERSE CHILDHOOD EXPERIENCES



SOCIAL, EMOTIONAL, AND COGNITIVE IMPAIRMENT



ADOPTION OF HEALTH RISK BEHAVIORS



DISEASE, DISABILITY, AND SOCIAL PROBLEMS



EARLY DEATH



HOW DOES THE ADULT INTERPRET THE CHILD'S BEHAVIOR?

Willful Disobedience

Survival Behavior

Henry, J., Sloane, M., & Black-Pond, C. (2007).

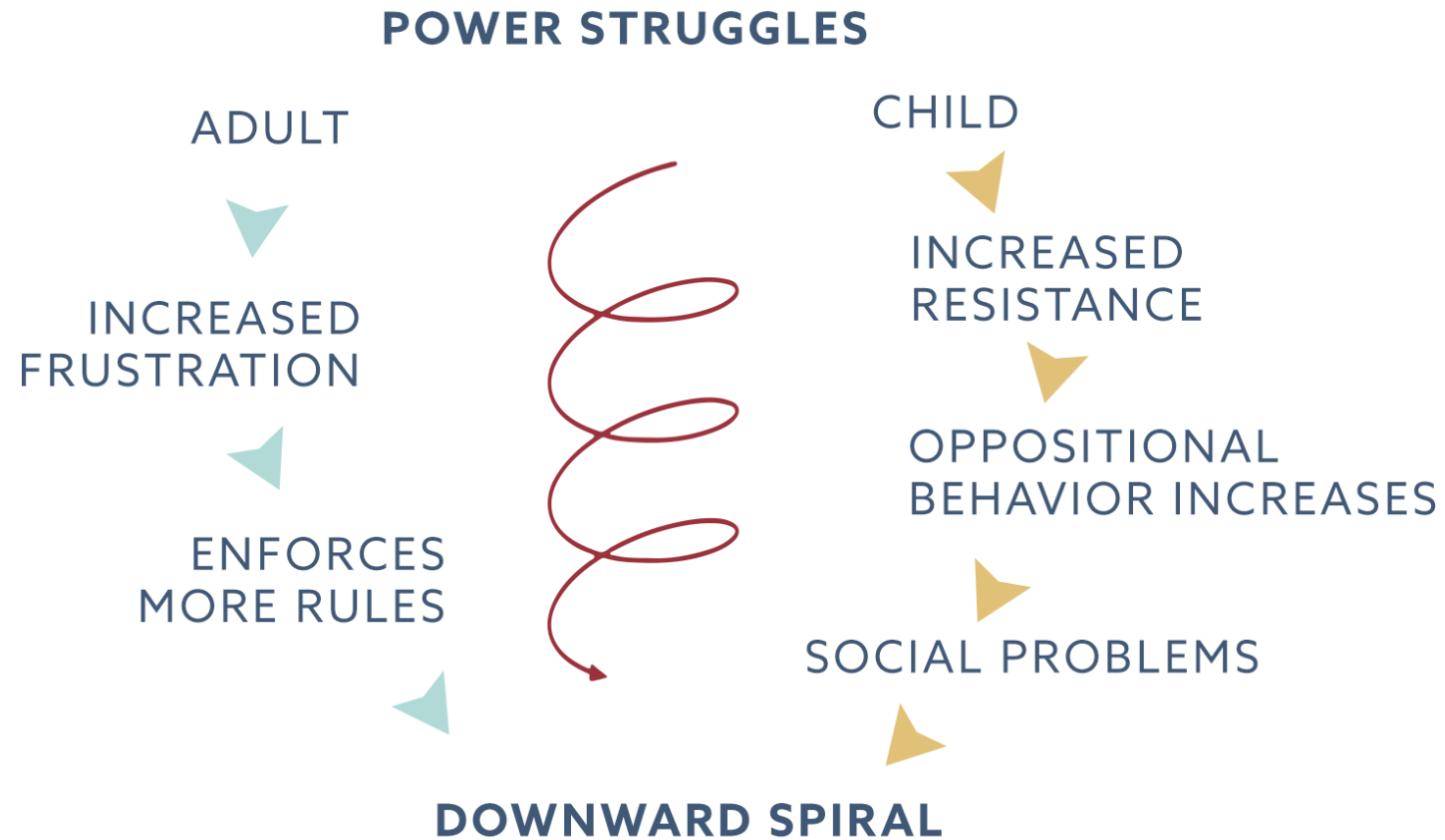


SHOW  HOPE

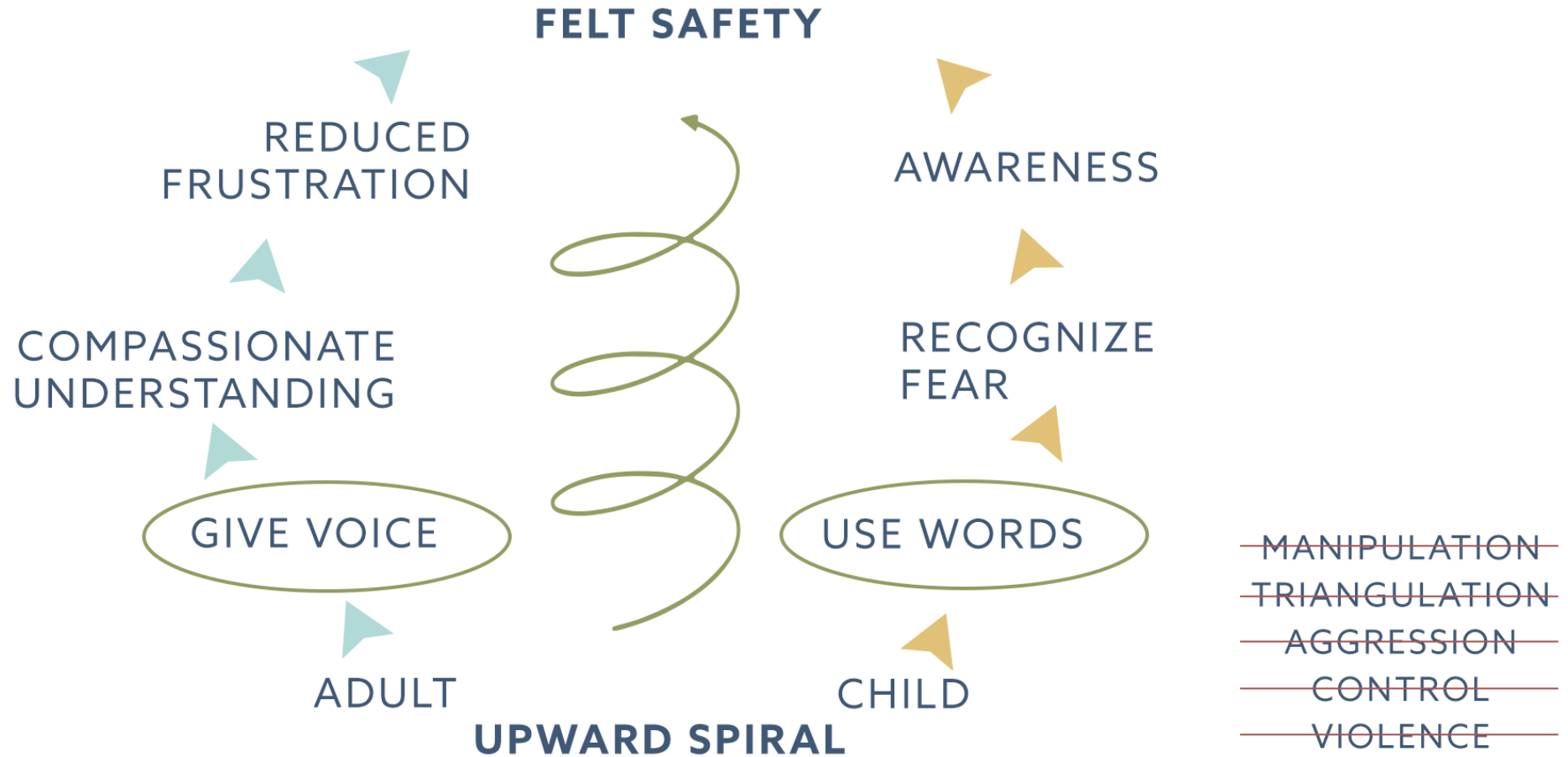
EMPOWERED
TO CONNECT

Henry, J., Sloane, M., and Black-Pond, C.(2007)

WILLFUL DISOBEDIENCE



SURVIVAL BEHAVIOR



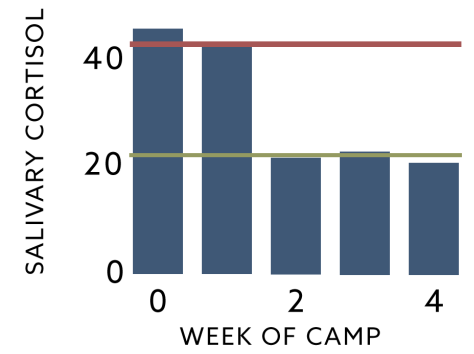
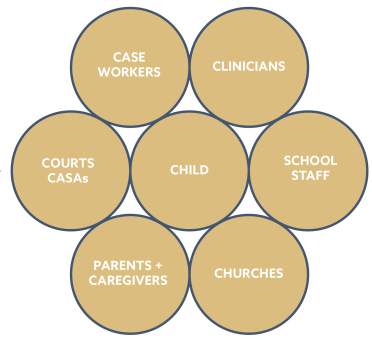
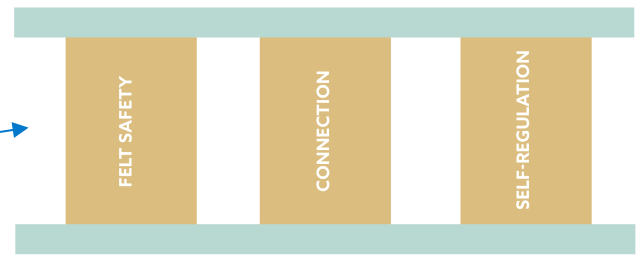
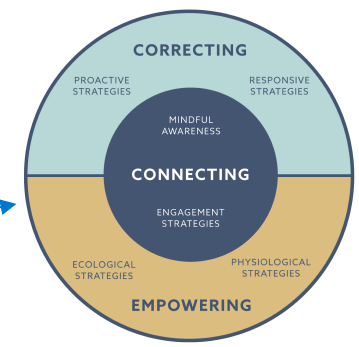
WHAT IS TBRI?





What is TBRI?

- Whole Child
- Trauma Informed
- Attachment Based
- Multi systemic
- Evidence Based



MULTI-SYSTEMIC

